Infrequency Scale (Used with Social Fear Scale)

- 1. I have never combed my hair before going out in the morning. (true)
- 2. There have been times when I have dialed a telephone number only to find that the line was busy. (false)
- 3. At times when I was ill or tired, I have felt like going to bed early. (false)
- 4. On some occasions I have noticed that some other people are better dressed than myself. (false)
- 5. I believe that most light bulbs are powered by electricity. (false)
- 6. I cannot remember a time when I talked with someone who wore eyeglasses. (true)
- 7. Driving from New York to San Francisco is generally faster than flying between these cities. (false)
- 8. On some mornings I didn't get out of bed immediately when I first woke up. (false)